

Making Healthy Choices Just Feels Better...

INDICATIONS: Efficient elimination is essential to healthy detoxification. The goal is to promote healthy bowel transit time to ensure continued removal of toxins.

DIRECTIONS: Take 2 or more capsules 30 minutes before bed with 8-12 ounces of water to assist with healthy transit time. Increase if needed to ensure comfortable transit time for digestive elimination. Reduce serving size if you experience uncomfortable cramping. For best results use this food product daily as part of a healthy lifestyle.

NUTRITION FACTS:

Serving Size: 2 to 5

Amount per serving: 1000 to 2500 mg

Proprietary Blend: Triphala, Cascara Sagrada (bark), Aloe Vera (leaf)

Daily Value not established

Other ingredients: Hydroxypropylmethylcellulose (capsule - pine or poplar)

This product does NOT contain milk, egg, fish, gluten, corn, peanuts, crustacean shellfish, soybeans, tree nuts, wheat, yeast, or rice. This product does NOT contain hidden fillers, preservatives, artificial sweeteners, colors or flavors, or sugar.

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