

Making Healthy Choices Just Feels Better...

INDICATIONS: Fiber promotes easy, healthy elimination and helps sweep waste out of the colon more quickly. Efficient elimination is essential to healthy detoxification.

DIRECTION: Take 3 to 5 capsules after dinner with 8-12 ounces of water to assist with healthy transit time. If minor gas or bloating occurs adjust the amount you take until system adjusts. For best results use this food fiber product daily as part of a healthy lifestyle.

NUTRITION FACTS:

Serving Size: 3 to 5 capsules

Amount per serving: 1500 to 2500 mg

Proprietary Blend: Cyamopsis tetragonoloba - Guar Gum, Amorphophallus konjac (root), Bromelain and Papain

Daily Value not established

Other ingredients: Hydroxypropylmethylcellulose (capsule - pine or poplar)

This product does NOT contain milk, egg, fish, gluten, corn, peanuts, crustacean shellfish, soybeans, tree nuts, wheat, yeast, or rice.

This product does NOT contain hidden fillers, preservatives, artificial sweeteners, colors or flavors, or sugar.

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